

## Instructions Before Partial Nephrectomy

1. Starting the day before surgery: Patient May Eat Breakfast Before 9am. After this time you are only allowed a clear liquid diet throughout the remainder of the day.
2. **Nothing to eat or drink after midnight the night before surgery.**
3. Discontinue any aspirin, Coumadin or anti-inflammatory medications **7 days before surgery**. Also, discontinue any vitamin or herbal preparations **7 days before surgery** (Tylenol is OK).
4. If you are a diabetic, please check with your doctor regarding your diabetes medication, as you will be on a clear liquid diet for 1 day.
5. If you take blood pressure medications in the morning, please take them with a very small sip of water the morning of your surgery.