

Instructions Before Nephrectomy

1. Starting the day before surgery: Patient May Eat Breakfast Before 9am. Clear liquid diet is to be followed throughout the day.
2. **AT 3 PM the day before surgery:** Drink 1 10-OZ bottle of magnesium citrate (can be purchased in pharmacy over-the-counter).
3. **Nothing to eat or drink after midnight the night before surgery.**
4. Discontinue any aspirin, Coumadin or anti-inflammatory medications **7 days before surgery**. Also, discontinue any vitamin or herbal preparations **7 days before surgery** (Tylenol is OK).
5. If you take blood pressure medications in the morning, please take them with a very small sip of water the morning of your surgery.