

## Instructions for Bowel Prep For Neobladder Cystectomy Patients

\*\* 2 Days Before Surgery: Patient May Eat Breakfast Before 9am.  
Everything After Clear Liquid Diet

1. Patient should start a clear liquid diet for 48 hours prior to surgery (2 days). This is anything that you can see through (clear broth, apple juice, cranberry juice, 7-up, etc.).
2. **AT 3 PM the day before surgery:** Drink 1 10-OZ bottle of magnesium citrate (can be purchased in pharmacy over-the-counter).
3. Drink plenty of fluids (again, clear liquids), especially the day before surgery.
4. Take **1 Tablespoon of Mineral Oil** at bedtime the night before surgery.
5. **Nothing to eat or drink after midnight the night before surgery.**
6. Discontinue any aspirin, Coumadin or anti-inflammatory medications **7 days before surgery**. Also, discontinue any vitamin or herbal preparations **7 days before surgery** (Tylenol is OK).
7. If you are a diabetic, please check with your doctor regarding your diabetes medication, as you will be on a clear liquid diet for 2 days.
8. If you take blood pressure medications in the morning, please take them with a very small sip of water the morning of your surgery.