

Instructions for Bowel Prep For Indiana Pouch Cystectomy Patients

**** 2 Days Before Surgery: Patient May Eat Breakfast Before 9am.
Everything After Clear Liquid Diet**

1. Patient should start a clear liquid diet for 48 hours prior to surgery (2 days). This is anything that you can see through (clear broth, apple juice, cranberry juice, 7-up, etc.).
2. Start the **Fleet Prep Kit #1** the day before surgery. Follow the 24-hour instructions provided in the kit (this kit can be purchased over the counter at the pharmacy).
3. Erythromycin 1 GM at **1pm, 2pm and 6pm** the day before surgery (RX given).
4. Neomycin 1GM at **1pm, 2pm and 6pm** the day before surgery (RX given).
5. Fleet's Enema – take one the night before surgery and one the morning of surgery (2 enemas).
6. Drink plenty of fluids (again, clear liquids), especially the day before surgery.
7. Take **1 Tablespoon of Mineral Oil** at bedtime the night before surgery.
8. **Nothing to eat or drink after midnight the night before surgery.**
9. Discontinue any aspirin, Coumadin or anti-inflammatory medications **7 days before surgery**. Also, discontinue any vitamin or herbal preparations **7 days before surgery** (Tylenol is OK).
10. If you are a diabetic, please check with your doctor regarding your diabetes medication, as you will be on a clear liquid diet for 2 days.
11. If you take blood pressure medications in the morning, please take them with a very small sip of water the morning of your surgery.